

APEX RETREAT PACKING LIST

Do Not Bring:

- Phones - we will collect them and return at the end of the retreat
- Personal snacks - no food allowed in cabins
- Personal video game systems

Do Bring:

- Bible, pen, notebook
- Payment for remaining balance if not already paid in full
- Male students - bring pre-packaged salty snacks or 12 count case of soda to share (store in Legacy cafeteria)
- Female students - bring pre-packaged sweet snacks or 24 pack of water to share (store in Legacy cafeteria)
- Weather appropriate clothing - long pants, long sleeve shirts, jackets
- 2 Pairs of long sleeve shirts, pants, and socks to get messy in during rec time
- Underwear and socks
- Towel/Washcloth
- Toiletries - shampoo, soap, toothbrush, deodorant, etc.
- Medicine - label in Ziploc bag and let your mentors know
- Reusable water bottle
- For activities - athletic shoes and comfortable clothing for moving around
- Flashlight
- Lawn chair and blanket for outdoor use
- NOTE: Bed linens are provided (pillow/case, flat/fitted sheets, comforter)

Other Suggestions:

- Hammock
- Favorite board/card game
- Beanie/gloves
- Sunglasses